# Quantitative Optical Spectroscopy of the Uterine Cervix: A cost effective way to detect and manage cervical disease

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# Clinical Rationale Cervical Cancer Screening

#### Current triage methods are not optimal

- Misses significant disease
  - Delays in diagnosis
- Excessive false positive rate
  - Result in unnecessary cost and morbidity



# Clinical Rationale Cervical Cancer Screening

- Need for new technology
- Evaluate the efficacy of quantitative optical spectroscopy
- Compare the efficacy of our approach with that of the current standard of care in the US
  - HPV + Pap
  - Colposcopy + Biopsy



# Objective Cervical Cancer Screening

Pre-colposcopy triage techniques need high negative predictive values and specificity

- ➤ ALTS Trial showed that current triage of colposcopy after referral for ASC-US/HPV+ and LSIL patients would still miss between 30% to 40% of CIN3 disease
- ➤ ALTS Trial-Only about 5% of ASCUS Pap tests and 10% of LSIL Pap tests will actually detect CIN3 disease



### Multimodal Spectroscopy

Light In -Multiple wavelengths used to penetrate different tissue depths

**Spectrometer** 



Results

- 1. Fluorescence Spectra -
  - Reveal metabolic changes associated with neoplasia
- 2. Reflectance Spectra –

Reveal morphological changes associated with neoplasia

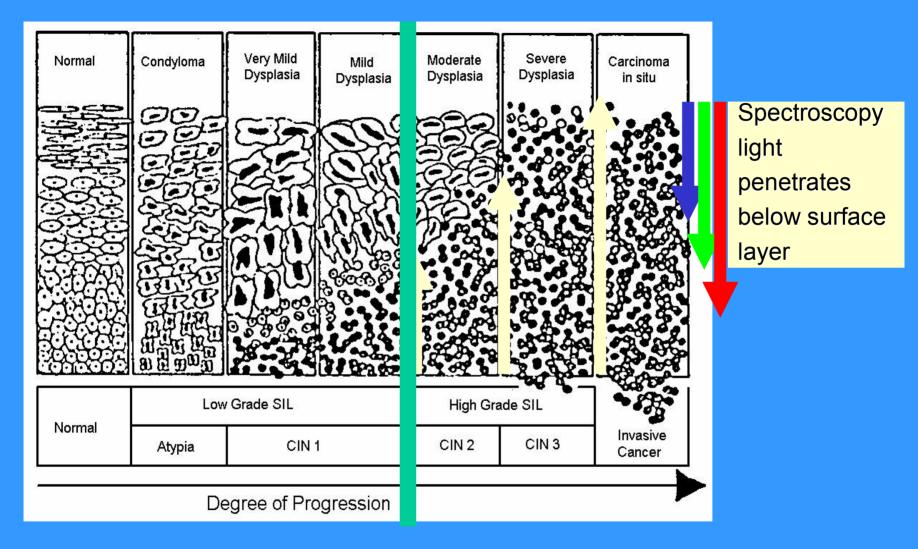


#### What do we measure?

- Biochemistry: Fluorescence 300-500 nm excitation
  - NADH, FAD, Tryptophan
  - Collagen, Elastin
  - Porphyrin
- Morphology: Reflectance 350-900 nm
  - Increase in Nuclear/Cytoplasmic ratio
  - Hyperchromasia
  - Loss of cellular differentiation
  - Angiogenesis



#### **Precursors to Invasive Cervical Cancer**





#### **Cervical Spectroscopy Device**

**Cervical Neoplasia Detection System (CNDS)** 

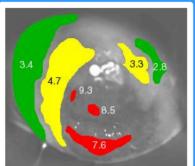
- Measures fluorescence and reflectance spectra at multiple points on the cervix
- Low cost device and single patient use disposable
- Built in video colposcope permits see and treat in the same visit and reimbursable in US using colposcopy CPT 57452
- Provides a color map of the cervix highlighting areas of high disease probability
- CNDS Manufactured by Guided Therapeutics, Inc. / Norcross, Georgia, USA





#### **Benefits of Cervical Spectroscopy**

- Immediate results
- Objective, more accurate test
- Less discomfort
- Saves Time
  - Exam time: 1-2 minute test
  - vs. 15-20 minute colposcopy
  - Less time chasing patients for return visits
- Reduced cost to patient and healthcare system
- Underserved populations





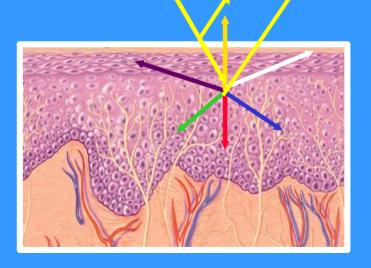




### **Multimodal Spectroscopy**

Cervical Maps of Patient with Dysplasia

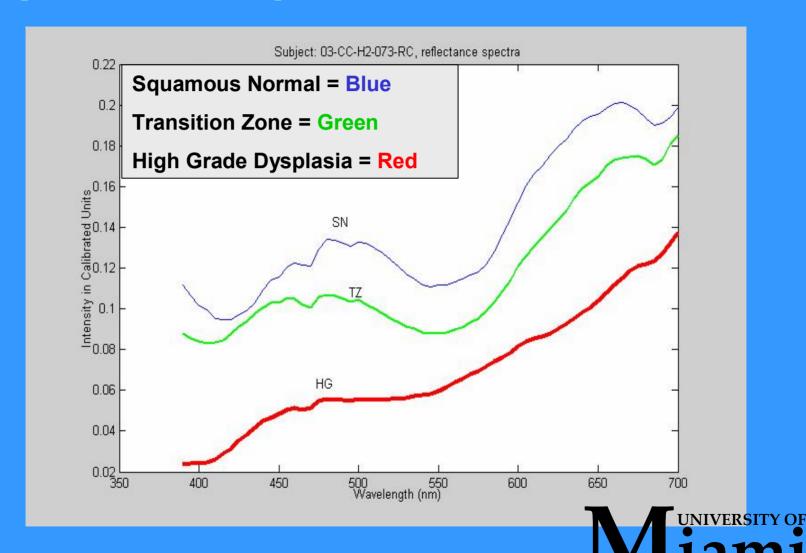
HOLD CONTACT
TUBE AGAINST
CERVIX





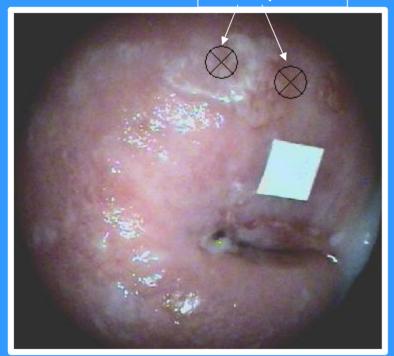
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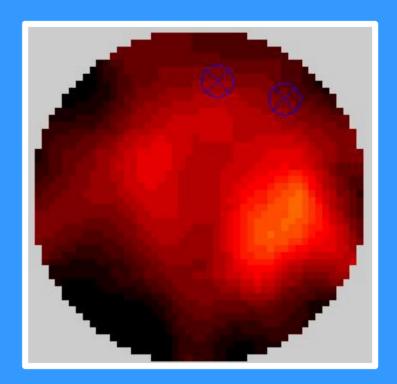
#### **Spectral Output of Cervical Tissue**



#### Cervical Maps of Patient with Metaplasia

Metaplasia

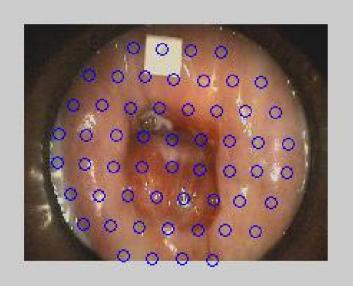




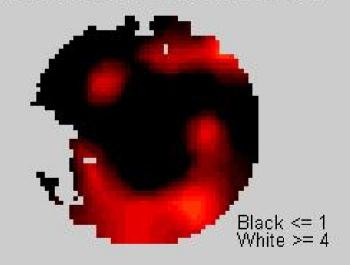
Biopsy sites marked with X's



# Cervical Maps of Patient with Normal Cervix

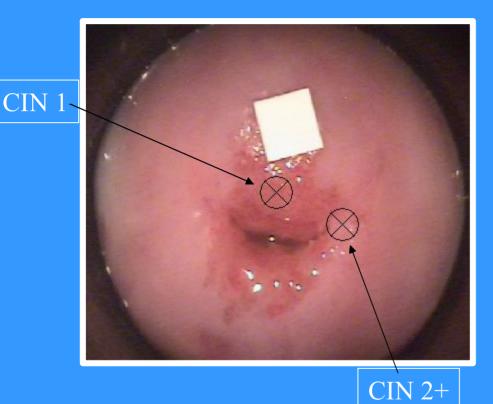


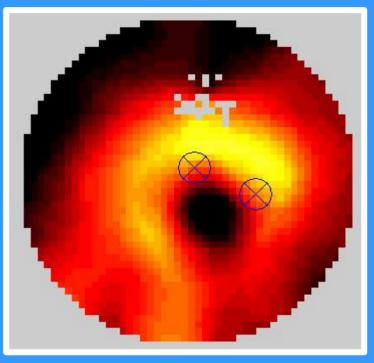
#### 03-CC-H2-076-LL: NORMAL





#### Cervical Maps of Patient with CIN 2+

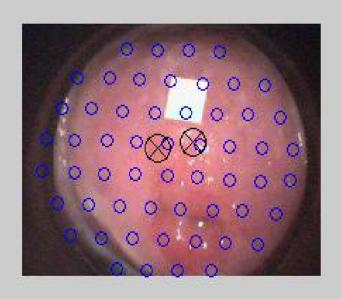




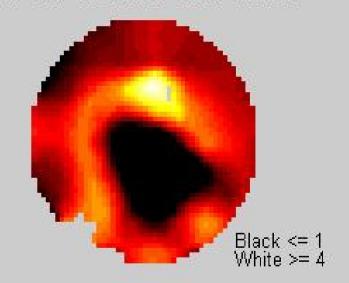
Biopsy sites marked with X's



### Cervical Maps of Patient with CIN 2

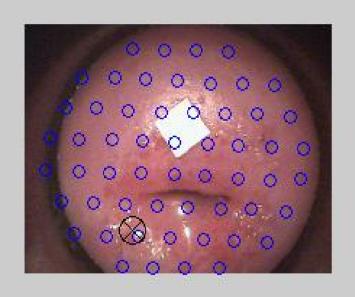


03-CC-H2-225-SA: CIN 2

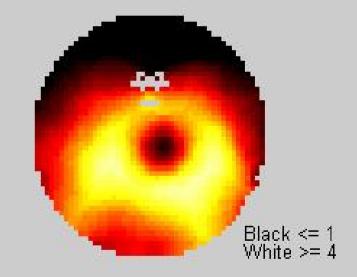




### Cervical Maps of Patient with CIN 3

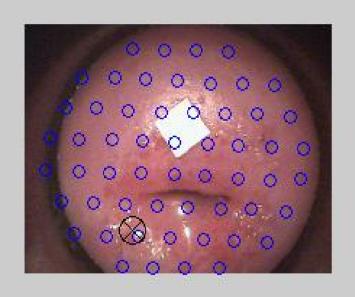


03-CC-H2-232-TG: CIN 3+

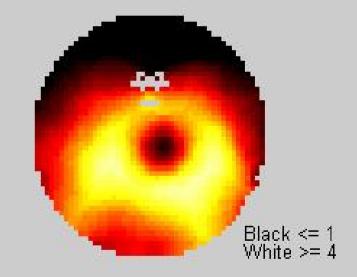




### Cervical Maps of Patient with CIN 3



03-CC-H2-232-TG: CIN 3+





### Methodology Study Design 1

- Prospective double-blinded pivotal trial
  - Clinicians blinded to spectral output
  - Technical team blinded to clinical results (history, colposcopy, cytology, histology, HPV test)
- IRB approval at
  - University of Texas Southwestern Medical Center, Dallas
  - University of Miami, Miami, FL.
  - Medical College of Georgia, Augusta, GA.
  - St. Francis Hospital, University of Connecticut, Hartford, CT,
  - Emory University School of Medicine, Grady Memorial Hospital



#### Methodology Study Design 2

- All colposcopies performed by one of 2 experienced colposcopists
- Pathology QA: agreement by 2 of 3 pathologists (1 site / 2 outside pathologists)



### Study Inclusion Criteria

- Age 18 or above
- Able to read or understand and give informed consent
- Scheduled for colposcopy
- Pap test within 120 days
- Had a referral Pap test or willing to undergo a Pap test on day of study



## Study Exclusion Criteria

- Pregnancy
- Menstruating on the day of study
- Radiation to genitourinary system within 1 year
- Prior hysterectomy
- Congenital anatomical cervical variant (e.g., double cervix)



### **Study Design Flow Chart**

Subject Had Referral Pap and was Scheduled for Colposcopy

#### **ASC-US Pap**

- Repeat ASC-US
- HPV Positive
- W/Risk Factors

#### Dysplasia Pap

- •ASC-H
- •LSIL
- ·HSIL

#### **Other Factors**

- Previous CIN
- Recurrent Changes
- Other Risk Factors

#### **Study Procedure**

- 1) Cervical Spectroscopy
- 2) Sample taken for Pap and HPV
- 3) Colposcopy
- 4) Biopsy (if indicated)



### **Clinical Trial Objectives**

- Evaluate Multimodal Spectroscopy at five U.S. centers with diverse population
  - 648 subjects enrolled, 574 evaluable with valid cytology and QA pathology
  - Age Range: 18 73
- Additional goals:
  - Further evaluate patient acceptability for procedure
  - Estimate spectroscopy performance, especially ability to rule out significant pre-invasive disease (CIN 2+)



# Quality Assurance (QA) Histopathology Procedure

- Site pathology renders diagnosis which is assigned to one of three categories
  - Normal
  - CIN1
  - CIN2+
- Site pathology sends original or representative slide to QA 1
  - If QA 1 agrees with site, diagnosis confirmed
  - If QA 1 disagrees with site diagnosis, specimen sent to QA 2 pathologist
- If 2 out of 3 diagnoses agree case is included in analysis
- 3 way disagreements are not included in the analysis

#### **Algorithm Performance**

# Sensitivity and Specificity of Spectroscopy by Disease Category for All 572 Evaluable Subjects

ALL CASES (N=572)	SENSITIVITY		SPECIFICITY	
DISEASE	CIN2+	CIN1	No CIN	
NUMBER TESTED	142	180	250	
NUMBER CORRECT	135	135	138	
PERCENT CORRECT	95.1	75.0	55.2	
95% CONFIDENCE INTERVAL	91.55, 98.65	68.67, 81.33	49.04, 61.36	



# University of Miami Algorithm Performance

Sensitivity and Specificity of Spectroscopy by Disease Category for 151 Evaluable Subjects enrolled at the University of Miami

Miami CASES (N=151)	SENSITIVITY		SPECIFICITY	
DISEASE	CIN2+	CIN1	No CIN	
NUMBER TESTED	48	50	53	
NUMBER CORRECT	45	43	34	
PERCENT CORRECT	93.8	86	64.2	



# Histopathology Agreement Analysis

	Site / QA 1	Site / QA 2	QA 1 / QA 2
NUMBER OF SUBJECTS	424	213	213
AGREE (both positive)	101	59	56
AGREE (both negative)	260	105	106
PERCENT AGREEMENT	85%	77%	76%
KAPPA STATISTIC*	0.65	0.52	0.50



<sup>\*</sup>Kappa value of at 0.41 to 0.60 indicates moderate agreement, above 0.60 indicates substantial agreement

# Algorithm Performance-Without 6 Interferences "Clean Cases"

ALL CASES (N=510)	SENSITIVITY		SPECIFICITY	
DISEASE	CIN2+	CIN1	No CIN	
NUMBER TESTED	133	151	226	
NUMBER CORRECT	127	119	128	
PERCENT CORRECT	95.5	78.8	56.6	
95% CONFIDENCE INTERVAL	91.98, 99.02	72.28, 85.32	50.14, 63.06	

These results suggesting that spectroscopic measurements and the interpretive algorithm used to produce the test result are relatively robust



# University of Texas Southwest Clinical Trial

- UTSW one of largest clinics in US Over 90,000
   Paps handled each year
- Trial, completed in 2004, nearly identical to current FDA pivotal trial
- 113 Subjects scheduled for colposcopy: 18 CIN2+ and 84 sub-CIN2 cases
- Study compared Pap+HPV and Pap+Cervical Spectroscopy (CS)
- Sensitivity 95% (19/20 high grade cases detected by both)
- Specificity 65% (compared with HPV specificity of 27%)

# CNDS Ability to Detect Cases Missed by Pap and Site Histopathology

- 19 cases that were missed or mis-classified by Pap
  - All 19 detected by CNDS (100% sensitivity)
- 18 cases that were mis-classified as low grade or normal by colposcopically-directed site biopsy
  - QA histopathology (two independent experts) determined these to be CIN 2+
  - CNDS detected 18 out of 18 (100% sensitivity)



#### Clinical Benefits of Cervical Spectroscopy Compared with Current Standard of Care

Triage Modality	Sensitivity	Specificity	Immediate Result	Time to Acquire Data	Lab Turn- around	All Ages	Easy to Train and Use
HPV/ Colposcopy	65% (combined)	26% (combined)	NO YES	< 1 min 15 min	2-4 weeks for biopsies	NO YES	YES NO
Cervical Spectroscopy	95%	55%	YES	<1 min	None	YES	YES
Pap	51%	97%	NO	1-2 min	1-2 weeks	YES	YES



#### Conclusions

#### Cervical Spectroscopy

- Improves detection of high-grade dysplasia
- Eliminates unnecessary colposcopy & biopsy
- The test is relatively simple
  - Less discomfort
  - Well accepted by subjects
- Provides immediate and more accurate results
- Reduces cost to patients and healthcare system



#### **Thank You**

# The National Cancer Institute The Georgia Research Alliance



